



Hill Country Holistic Health

Chiropractic and Alternative Health Services

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HIPAA disclosure: The Health Insurance Portability and Accountability Act of 1996 established legal guidelines for medical practitioners to protect your medical information. Public Law 104-191, required the U.S. Department of Health & Human Services to adopt national standards for electronic health care transactions and code sets, unique health identifiers, and security. Full details are available at the HHS.GOV website.

I have access to the HHS.GOV website to review the government mandated Patient Privacy Policy honored by Drs. Youngblood DBA Hill Country Holistic Health LLC. (HCHH)

Waiver on X-rays: If current x-rays are not made available to HCHH for analysis on the initial visit, a doctor's order can be given for x-rays to be taken elsewhere and returned for full analysis.

I do not feel that my present situation is serious enough to warrant the use of x-rays. I authorize treatment of my present complaints to the best of their ability, without a complete x-ray study and assume responsibility for unknown internal issues not discovered/ diagnosed in advance of treatment.

Authorization for Chiropractic Exam and Treatment:

I hereby authorize Drs. Youngblood DC, to administer a Chiropractic exam and treatment, and to perform any therapy, manipulation, adjustment or procedures that are considered beneficial based on the clinical findings presented during the course of exam and treatment.

I certify that NO guarantee or assurance has been made as to the results that may be obtained.

I further certify that I will be honest and disclose any known injuries, previous diagnosis, conditions, medication use, herbal or chemical factors that would be applicable to my treatment procedures.

Informed Consent for Chiropractic Care:

The nature of chiropractic treatment: The doctor will use his/her hands or a mechanical device in order to move the position of your joints. You may feel a "click" or "pop", such as the noise when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures and modalities, not limited hot or cold packs, massage, electric muscle stimulation, therapeutic ultrasound, Neuro-Emotional technique or dry hydrotherapy may also be used.

Possible Risks: As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. The ancillary procedures could produce skin irritation, burns or minor complications. A minority of patients may notice stiffness or soreness after the first few days of treatment as the inflammatory processes remove fascial adhesions disrupted by the chiropractic manipulations. The risks of complications due to chiropractic treatment have been described as "rare", about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one

million to one in twenty million, and can be even further reduced by screening procedures HCHH has in place prior to any adjustment. The probability of adverse reaction due to ancillary procedures is also considered "rare".

Other treatment options which could be considered may include the following:

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.
- Medical care, typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.
- Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

Risks of remaining untreated: Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

Unusual risks:

I have had the unusual risks explained to me; have read the explanation of chiropractic treatment and have had the opportunity to have any questions answered to my satisfaction.

I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and hereby give my full consent to treatment.

Printed Name

Signature

Date

Dr. Adam / Emily Youngblood
Doctor of Chiropractic

Signature

Date